

Healthy Weight Loss & Revenue



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Help your Patients lose weight with clinically proven products & programs in person & remotely.

- Provide healthy nutrition** for those wanting to lose weight *without* weight loss medication.

- Provide healthy nutrition** and adequate protein for people on GLP-1 agonists. *Help prevent medication induced sarcopenia.*

- Support Healthy Muscle** with our Whey Protein & Essential Amino Acid Blend.

- Weight maintenance** products to help people maintain a healthy weight and a *Habits of Health System* for behavior change.

- No inventory, billing or ICD codes.

- Free training & support.

- Income potential is in your control; free from managed care constraints.



In a clinical study, the group on the Optimal Weight 5 & 1 Plan® lost 10x more weight than the self-directed group.
Average weight loss on the Optimal Weight 5 & 1 Plan is 12 pounds.